



## Invitation

### "Enabling healthy workplaces in the age of digitalisation"

Date 03.-05.09.2025

Venue: Hotel Ilunion Bilbao, Rodríguez Arias, 66, Bilbao, Spain

'Enabling healthy workplaces in the age of digitalisation' requires the interplay of politics, society and European institutions. The aim is to reap the benefits of digitalisation without neglecting the health of employees. The seminar is in line with the EU's strategic framework for health and safety at work 2021-2027 and the objectives of the European digital strategy. Work-leisure balance, new physical and mental stresses, the digital divide and social isolation are key words in the social context.



We are pleased to be able to organise this seminar in close cooperation with the European Agency for Safety and Health at Work (EU-OSHA). EZA is an official campaign partner of 'Safe and healthy work in the digital age' and we are pleased to be able to make a small contribution with this seminar.

#### Seminar languages:

German/English/Spain/Romanian

#### Participation fee:

Participants who do not require overnight accommodation do not pay a conference fee. For all other participants there will be a fee of €100 (reduced fee of €50 for participants from Romania)

#### Travel and travel costs:

Costs will be reimbursed on application in accordance with the EZA 2025 regulations.

We would be delighted to see you in Spain:  
European Centre for Workers' Questions / EZA,  
Nell-Breuning-Haus / NBH (Germany),  
Institutul de Formare Economică și Socială (Romania)



Funded by the European Union

Contact address for the organisers:  
Nell-Breuning-Haus , Rainer Rißmayer, Wiesenstr. 17, 52134 Herzogenrath  
Phone +49 2406 9558-18 Email: rainer.rissmayer@nbh.de



### **Wednesday, 03. September 2025**

- from 12.00            Welcome at the hotel, possibility to register and  
First Meet&Greet of the organisers and guests
- 01.30 p.m.            Lunch in the Hotel
- 02.30 p.m.            Opening panel: Welcome addresses and short thematic  
introduction by:  
**Rainer Rißmayer** Head of Department NBH, Nell  
Breuning-Haus, Germany  
**Silviu Ispas**, Managing Director IFES (Institutul de  
Formare Economica si Sociala, Romania)
- 02.45 p.m.            Greetings and a brief introduction as a campaign partner  
**William Cockburn** - Executive Director, European  
Agency for Safety and Health at Work  
**Sigrid Schraml** – Secretary-General, European Centre  
for Workers' Questions (EZA)
- 03.15 p.m.            **“Safe and healthy work in the digital age”**  
introduction to the campaign, their current possibilities  
and the significance for the work in the social dialogue  
**Dr. Dietmar Elsler**, Project Manager, European Agency  
for Safety and Health at Work
- 04.00 p.m.            coffee break
- 04.30 p.m.            Question and answer session with **Dr. Dietmar Elsler**  
with a starting impulse by  
**Sigrid Schraml**, Secretary-General EZA
- 05.00 p.m.  
- 06.00 p.m.            Workers Safety and health as a fundamental right under  
the European Pillar of Social Rights  
**Jose Ignacio Argote**, director CEAT, Spain  
**Silviu Ispas**, Managing Director IFES, Romania
- 07.30 p.m            *(walk to Basque-restaurant in the city of Bilbao)*
- 08.00 p.m.            *Dinner in Basque-restaurant*

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## **Thursday, 04. September 2025**

- 08.00 a.m. Breakfast
- 09.30 a.m. Digitalisation and workers wellbeing: (Content is still being adjusted)  
The impact of digital technologies on work-related psychosocial risks  
**Annik Starren**, Project Manager, European Agency for Safety and Health at Work (speaker requested)
- 11.00 a.m. coffee break
- 11.30 a.m. The sub-aspects of the campaign: (Content is still being adjusted)  
- Work on digital platforms  
- Advanced robotics and artificial intelligence  
- Telework  
- Intelligent digital systems  
- Management of employees using artificial intelligence  
an overview of the latest findings from the campaign  
**Vibe Westh** - head of the Prevention and Research Unit, European Agency for Safety and Health at Work  
**Ioannis Anyfantis** – project manager , **European Agency for Safety and Health at Work**
- 01.30 p.m. lunch
- 03.00 p.m. **“The challenge of healthy workplaces in the age of digitalisation”**  
country reports from:  
Martiniano Blázquez Hernández, President of CEAT  
Castilla La Mancha, Spain  
XXX – Cartel Alfa, Romania (speaker requested)
- 04.30 p.m. coffee break
- 05.00 p.m. **“The challenge of healthy workplaces in the age of digitalisation”**  
- 06.30 p.m. country reports from:  
**Veselin Mitov** – international secretary, Podkrepa, Bulgaria  
XXX – DGB, Germany (speaker requested)
- 07.30 p.m. (walk to Tapas-restaurant in the city of Bilbao)
- 08.00 p.m. Dinner in Tapas-restaurant

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## **Friday, 05. September 2025**

- 08.00 a.m.            Breakfast
- 09.30 a.m.            **The challenge of healthy workplaces in the age of digitalisation** – a scientific perspective from  
**María José Rodríguez Ramos** - Professor at the University of Seville
10. 45 a.m.           coffee break
- 11.00 a.m.            **The challenge of healthy workplaces in the age of digitalisation** –  
the possibilities of the workers' associations  
Impuls by:  
**Jochen Mettlen**, Head of Public Relations  
(Confédération des Syndicats Chrétiens Liege-Verviers-Ostbelgien, Belgium)  
**Michael Mertens**, Deputy Federal Chairman (Police Trade Union, GdP Germany)  
**Cesar Rodríguez Pérez**, Vice President (Centro Español para Asuntos de los Trabajadores - CEAT, Spain)
- 12.30 a.m.            open space discussion and  
Closing remarks by:  
**Sigrid Schraml**, EZA  
**Silviu Ispas** and **Rainer Rißmayer** – for the organisation-team
- 01.30 p.m.            final lunch at the hotel