

# YOUTH CONFERENCE

8-12 APRIL 2026



NELL-BREUNING-HAUS  
GERMANY

CONTACT: KRISTINA.HAMM@NBH.DE



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“ALWAYS ON” – MENTAL HEALTH  
IN THE DIGITAL WORK ERA

## FIRST INFORMATION

**WHO:** EACH EZA MEMBER ORGANISATION IS INVITED TO SEND TWO YOUTH REPRESENTATIVES OF THEIR ORGANISATION, AGED BETWEEN 18 AND 35 YEARS OLD.

**WHAT:** THIS CONFERENCE IS INTENDED FOR YOUNG REPRESENTATIVES WHO ARE WORKING ON YOUTH ISSUES FOR THEIR ORGANISATION.

**LANGUAGE:** THE CONFERENCE WILL TAKE PLACE IN ENGLISH.

**COSTS:** THE SEMINAR IS COMPLETELY FREE OF CHARGE. TRAVEL COSTS UP TO €350 WILL BE REIMBURSED.



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